

MON

**AIRBORN ALLSTAR
CHEERLEADING
PRETTY ANGELS
(MINI LEVEL 1)**
AGES 5-8
5:30PM-6:30PM
£7.00

**AIRBORN ALLSTARS
CHEERLEADING
FIREBIRDS
YOUTH LEVEL 1**
6:30PM – 8:30PM
AGES 7-11
(PAYABLE MONTHLY IN
ADVANCED)

***TUMBLING**
AGE 7 TO ADULT
ALL LEVELS
6:00PM-7:15PM
COST: £8.50

***TUMBLING**
AGE 7-ADULT
ALL LEVELS
7:45PM-9:00PM
COST:£8.50
(OR £14 FOR BOTH)

**AIRBORN ALLSTARS
CHEERLEADING
LADY HAWKS
(SENIOR LEVEL 2)**
AGES 10+
7:30PM-9:30PM
(PAYABLE MONTHLY IN
ADVANCED)

OPEN GYM
ALL LEVELS WELCOME
AGE 15+ / 8:15PM-9:
45PM
COST: £8.50 OR £6.00
WITH NUS CARD
(RESTRICTED SPACING)

TUES

GYM TOTS
AGE: 6 MONTHS - 5 YEARS
2:00PM-3:00PM
COST: £2.50 p/p

PRO-OPEN AERIAL
AGE 18+ / 3PM-5PM
COST: £10

**KIDS FREERUN
BEGINNERS (STRUCTURED)**
AGES 4-5 / 5PM – 6PM / COST £7.50

**KIDS FREERUN
BEGINNERS (STRUCTURED)**
AGES 6-10 / 5PM – 6:30PM / COST
£8.50

KIDS AERIAL SILK & HOOP
AGE 7-15
5PM-6:30PM / COST: £10.00
MAX PLACES: 12

TRAMPOLINING
(AGE 8 - ADULT)
5:30PM-7PM / COST: £7.50

**ADULTS AERIAL
SILK & HOOP**
AGE 16+ / 6:30PM-8PM
COST: £12.00
MAX PLACES: 12

FIRST SQUAD 2.0
6:30PM – 8PM / MEMBERS ONLY)

***FREERUN
ALL LEVELS (STRUCTURED)**
AGES 11-15 / 6:30PM-8PM /
COST: £8.50

ADULT TRAMPOLINING
(AGE 18+)
7:30PM-9PM / COST: £7.50

***PARKOUR 101
SKILLS SPECIFIC**
AGES 11+ / 8PM-9PM /
COST: £6.50
***(or £14 for both)**

TUMBLING
ALL LEVELS
AGE 8+ / COST: £8.50
8:00PM-9:30PM

WED

**KIDS FREERUN BEGINNERS
(STRUCTURED)**
AGES 6-10YRS / 5PM-6:30PM / COST
£8.50

**AIRBORN ALLSTARS
PHOENIX RISING – SENIOR LEVEL 2**
AGES 8-14 / 5:30PM – 7:30PM
(PAYABLE MONTHLY IN ADVANCED)

***KIDS FREERUN BEGINNERS
(STRUCTURED)**
AGE 11-15 / 6:30PM-8PM
COST: £8.50

***PARKOUR
SKILLS SPECIFIC**
AGES 11+ / 8PM-9PM /
COST: £6.50

OPEN GYM
ALL LEVELS WELCOME
AGE 15+ / 8:00PM-9: 30PM
COST: £8.50 or £6.00 WITH NUS CARD
(RESTRICTED SPACING)

**AIRBORN ALLSTARS
WILD RAPTORS (SENIOR LEVEL 4.2)**
7:30PM – 9:30PM
AGES 10+

**MULTI BUY
OFFER ***
nus discount
available here

THURS

FIRST SQUAD
5PM – 6:30PM
(MEMBERS ONLY)

FREERUN (STRUCTURED)
AGE 11-15/ 5PM-6:30PM / COST:
£8.50

FAMILY FREERUN
AGES 5+ 5PM – 6:30PM
*COST £6.00 per person
(Minimum of 2 people)*

TRAMPOLINING
AGES 8+ / 5:30PM –7PM / £7.50

KIDS OPEN GYM *BANDED ONLY
AGE 11-15 / 6:30PM-8PM /£8.50

TUMBLING
AGES 7+ / 7PM-8:30PM / £8.50

ADULT TRAMPOLINING
AGES 18 + /8PM – 9.30PM/ £7.50

OPEN GYM
AGE 15+ / 8:15PM – 9:45PM/
£8.50

ADULT PARKOUR
16+ / 8:15PM-9:45PM / £8.50

ADULT TUMBLING
16+ / 8:15PM-9:45PM / £8.50

FRI

**KIDS FREERUN BEGINNERS
(STRUCTURED)**
AGES 6-10YRS / 5PM-6:30PM / COST
£8.50

TUMBLING
AGES 10+
MAX ATTENDEES 10
BOOK ONLINE ONLY
5:00PM – 6:30PM / COST £8.50

FIRST SQUAD 2.0
6:30PM – 8:00PM
(MEMBERS ONLY)

***FRIDAY NIGHT HYPE JAM
BANDED ONLY**
AGE 11-15 / 6.30PM-9:00PM
COST: £9.50



MULTI BUY OFFER MARKED *
HIRE OF DANCE STUDIO £10.00

PARTIES

WEEKDAYS 4PM-5.30PM - £9.00 p/p / WEEKENDS 12PM-2:00PM - £11.00 p/p

FIRST SQUAD DISCOUNT ON HYPE JAM £4.50
FIRST SQUAD OPEN GYM SESSION 1ST SUNDAY OF EVERY MONTH | 4:30PM-7:30PM | £10

OPEN CHEER | LAST SUNDAY OF THE MONTH | 4:30PM-8:30PM | AGE 7+ | £10.00
TUMBLE CAMP | 3RD SUNDAY OF THE MONTH | 4:30PM-7:30PM | AGE 10+ | £12.00

ALL GRADINGS EVERY SATURDAY AT 11:30AM

**WE STRONGLY ADVISE YOU BOOK ONLINE TO ANY CLASS TO ENSURE A PLACE.
WE WORK ON A FIRST COME FIRST SERVED BASIS.
WWW.AIRBORNACADEMY.COM**

SAT

GYM TOTS
AGE: 6 MONTHS - 5 YEARS
09:15AM-10:15AM / COST: £2.50
p/p

**KIDS FREERUN
BEGINNERS ONLY**
AGES 4-5 / 10:30AM-11:30PM /
COST: £7.50
AGES 6-10 / 10:30 – 12PM / COST:
£8.50

TRAMPOLINING
AGES 8+ / 12PM-1:30PM
£7.50

FAMILY FREERUNNING
AGES 5+ 12PM – 1:30PM
*COST £6.00 per person
(Minimum of 2 people)*

***FREERUN CLASS (STRUCTURED)**
AGE 11-15 / 2:30PM-4PM
COST: £8.50

***GO FLOW PARKOUR**
AGES 11+ / 4PM – 5PM
COST: £6.50
(OR £14 FOR BOTH)

**KIDS FREERUN BEGINNERS
(STRUCTURED)**
AGES 6-10YRS / 4PM-5:30PM / COST
£8.50

***TUMBLING**
ALL LEVELS (AGE 7-ADULT)
2PM – 3:30PM / COST: £8.50

***TUMBLING**
ALL LEVELS (AGE 7-ADULT)
3:30PM - 5.00PM / COST: £8.50
(OR £15 FOR BOTH)

FIRST SQUAD
5:00PM – 6 :30PM
(MEMBERS ONLY)

ADULT OPEN GYM
ALL LEVELS WELCOME
AGE 16+ / 6:30PM-9:30PM
£10.50

NUS DOES NOT APPLY TO THIS SESSION

SUN

GYM TOTS
AGE: 6 MONTHS - 5 YEARS
09:00AM-10:00.AM /COST: £2.50
p/p

GYMNASTICS
10:00AM – 11:30AM / AGES 5-10
£8.50

KIDS FREERUN (STRUCTURED)
AGES 4-5 / 10:00AM-11:00AM
COST £7.50
AGES 6-10 / 10:00AM – 11:30AM
COST £8.50

**FREERUN
WHITE BAND ONLY**
AGE N/A / 11:30AM – 1PM /
COST: £8.50

**FREERUN
BLUE BAND ONLY**
AGE N/A 11:30AM – 1PM
MAX ATTENDEES 12 / COST: £8.50

TRAMPOLINING
(AGE 8-ADULT)
11.30AM-1:00PM / COST: £7.50

FREERUN (STRUCTURED)
AGES 11-15YRS / 1:30PM – 3PM/
£8.50
AGES 6-10YRS / 1:30PM-3PM /
COST £8.50

FAMILY FREERUN
AGES 5+
3PM – 4:30PM *COST £6.00 per
person (Minimum of 2 people)*

**KIDS OPEN GYM
'BANDED ONLY'**
AGE 11-15 / 3PM-4:30PM / COST:
£8.50

**ADULT FREERUN (STRUCTURED)
& OPEN GYM**
AGE 16+ / 4:30PM-7:30PM
COST: £10.50
NUS DOES NOT APPLY