

MON

AIRBORN ALLSTARS
CHEERLEADING
BABY HAWKS
(TINY PREP)
 5:30PM-6:30PM
 (PAYABLE MONTHLY IN ADVANCE)

AIRBORN ALLSTAR
CHEERLEADING
PRETTY ANGELS
(MINI PREP)
 5:30PM-6:30PM

AIRBORN ALLSTARS
CHEERLEADING
FIREBIRDS
YOUTH LEVEL 1
 6:30PM – 8:30PM
 AGES 7-11
 (PAYABLE MONTHLY IN ADVANCE)

***TUMBLING**
 AGE 7 TO ADULT
 ALL LEVELS
 6:00PM-7:15PM
 COST: £8.50

***TUMBLING**
 AGE 7-ADULT
 ALL LEVELS
 7:45PM-9:00PM
 COST:£8.50
OR £14 FOR BOTH

AIRBORN ALLSTARS
CHEERLEADING
LADY HAWKS
(SENIOR LEVEL 2)
 AGES 10+
 7:30PM-9:30PM
 (PAYABLE MONTHLY IN ADVANCE)

OPEN GYM
 ALL LEVELS WELCOME
 / 8:15PM-9: 45PM
 COST: £8.50 OR £6.00
 WITH NUS CARD
 (RESTRICTED SPACING)

TUES

GYM TOTS
 AGE: 6 MONTHS - 5 YEARS
 2:00PM-3:00PM
 COST: £2.50 p/p

PRO-OPEN AERIAL
 AGE 18+ / 3PM-5PM
 COST: £10

KIDS FREERUNNING
BEGINNERS (STRUCTURED)
 AGES 4-5 / 5PM – 6PM / COST £7.50

KIDS FREERUNNING
BEGINNERS (STRUCTURED)
 AGES 6-10 / 5PM – 6:30PM
 COST £8.50

KIDS AERIAL SILK & HOOP
 AGE 7-15
 5PM-6:30PM / COST: £10.00
 MAX PLACES: 12

TRAMPOLINING
 (AGE 8 - ADULT)
 5:30PM-7PM / COST: £7.50

***ADULTS AERIAL**
SILKS & HOOP
 AGE 16+ / 6:30PM-8PM
 COST: £12.00
 MAX PLACES: 12

***ADULTS AERIAL OPEN**
 (MUST HAVE EXPERIENCE)
 8-9PM
 COST £8

***AERIAL MULTIBUY ADULTS & OPEN**
£16

***FREERUNNING**
ALL LEVELS (STRUCTURED)
 AGES 11-15 / 6:30PM-8PM /
 COST: £8.50

ADULT TRAMPOLINING
 (AGE 18+)
 7:30PM-9PM / COST: £7.50

***PARKOUR 101**
SKILLS SPECIFIC
 AGES 11+ / 8PM-9PM /
 COST: £6.50
***(or £14 for both)**

TUMBLING
 ALL LEVELS
 AGE 8+ / COST: £8.50
 8:00PM-9:30PM

WED

AIRBORN ALLSTARS
HUNTRESS (JUNIOR 3)
 AGES 8-14 / 5:30PM – 7:30PM
 (PAYABLE MONTHLY IN ADVANCE)

***CHEER TUMBLING**
 AGES 5+ / 6PM-7:30PM / £8.50

***CHEER TUMBLING**
 AGES 5+ / 8PM-9:30PM / £8.50
OR £14 FOR BOTH

AIRBORN ALLSTARS
CHEERLEADING
ALD BIRDS
MASTERS TEAM
 7:30PM-9:00PM
 (PAYABLE MONTHLY IN ADVANCE)

AIRBORN ALLSTARS
WILD RAPTORS (SENIOR COED 4)
 7:30PM – 9:30PM
 AGES 10+
 (PAYABLE MONTHLY IN ADVANCE)

MULTI BUY
OFFER *
nus discount
 available here

MULTI BUY OFFER MARKED *

PARTIES
 WEEKDAYS / 4pm – 5.30pm / £9 pp (max 24 kids)
 SATURDAYS / 12pm – 2pm / £11 pp (max 24 kids)
 SUNDAYS / 10.30am –12:30pm / £11 pp (max 15 kids,

HIRE OF DANCE STUDIO £10.00

TEAM ESCAPE OPEN SESSION / 1st SUNDAY OF THE MONTH / 4:30 - 7:30pm / £10

OPEN CHEER / LAST SUNDAY OF THE MONTH / 4:30-8:30pm / AGE 7+ / £10.00

TUMBLE CAMP / 2nd SUNDAY OF THE MONTH / 4:30-7:30pm / AGE 10+ / £12.00

ALL GRADINGS EVERY SATURDAY / 12:00pm

AIRBORN 5 CHEER TRAINING / 1st AND 3rd SUNDAY OF THE MONTH / 4:30-8:30pm

**WE STRONGLY ADVISE YOU BOOK ONLINE TO ANY CLASS TO ENSURE A PLACE.
 WE WORK ON A FIRST COME FIRST SERVED BASIS.
 WWW.AIRBORNACADEMY.COM**

THURS

FREERUNNING (STRUCTURED)
 AGE 11-15/ 5PM-6:30PM / COST:
 £8.50

KIDS OPEN GYM *BANDED ONLY
 AGE 11-15 / 6:30PM-8PM /£8.50

TUMBLING
 AGES 7+ / 7PM-8:30PM / £8.50

OPEN GYM
 AGE 15+ / 8:15PM – 9:45PM /
 £8.50

ADULT PARKOUR /
FREERUNNING
 16+ / 8:15PM-9:45PM / £8.50

ADULT TUMBLING
 16+ / 8:15PM-9:45PM /
 COST: £8.50

FRI

TUMBLING
 AGES 10+
 MAX ATTENDEES 20
 BOOK ONLINE ONLY
 5:00PM – 6:30PM / COST £8.50

KIDS FREERUNNING
BEGINNERS ONLY
(STRUCTURED)
 AGES 6-10YRS / 5PM-6:30PM /
 COST £8.50

AIRBORNTICS
 ACRO GYMNASTICS WITH JESS JONES
 BEGINNERS / 6:30PM – 8PM
 ADVANCED / 8PM – 9:30PM
 (MONTHLY PAYMENTS ONLY)

OPEN GYM
(non structured)
 AGES 11+
 6:30PM – 9:00PM
 COST £9.50
 (Must have prior experience)



SAT

GYM TOTS
 AGE: 6 MONTHS - 5 YEARS
 09:15AM-10:15AM / COST: £2.50
 p/p

KIDS FREERUNNING
BEGINNERS ONLY
 AGES 4-5 / 10:30AM-11:30PM /
 COST: £7.50
 AGES 6-10 / 10:30 – 12PM / COST:
 £8.50

TRAMPOLINING:
 AGES 8+ / 12PM-1:30PM
 £7.50

FAMILY FREERUNNING
 AGES 5+ 12PM – 1:30PM
 *COST £6.00 per person
 (Minimum of 2 people)*

***TEENS FREERUNNING**
(STRUCTURED)
 AGE 11-15 / 2:30PM-4PM
 COST: £8.50

***GO FLOW PARKOUR**
ADVANCED
Must have experience
 AGES 11+ / 4PM – 5PM
 COST: £6.50
(OR £14 FOR BOTH)

KIDS FREERUNNING
BEGINNERS
(STRUCTURED)
 AGES 6-10YRS / 4PM-5:30PM / COST
 £8.50

***TUMBLING**
 ALL LEVELS (AGE 7-ADULT)
 2PM – 3:30PM / COST: £8.50

***TUMBLING**
 ALL LEVELS (AGE 7-ADULT)
 3:30PM - 5.00PM / COST: £8.50
(OR £15 FOR BOTH)

ADULT OPEN GYM
 ALL LEVELS WELCOME
 AGE 16+ / 6:30PM-9:30PM
 £10.50

NUS DOES NOT APPLY TO THIS
SESSION

SUN

GYM TOTS
 AGE: 6 MONTHS - 5 YEARS
 09:00AM-10:00.AM / COST: £2.50 p/p

GYMNASTICS
 10:00AM – 11:30AM / AGES 5-10
 £8.50

KIDS FREERUNNING (STRUCTURED)
 AGES 4-5 / 10:00AM-11:00AM
 COST £7.50
 (max 10 spaces)

KIDS FREERUNNING (STRUCTURED)
 AGES 6-10 / 10:00AM – 11:30AM
 COST £8.50

FREERUNNING
BANDED ONLY
 AGE N/A / 11:30AM – 1PM / COST:
 £8.50

TRAMPOLINING
BEGINNERS ONLY
 (AGE 8-ADULT)
 11.30AM-1:00PM / COST: £7.50

AIRBORN ALLSTARS
PHOENIX RISING (SENIOR 1)
 AGES 8-14 / 12:30PM – 2:30PM
 (PAYABLE MONTHLY IN ADVANCE)

AIRBORN ALLSTARS
HALO (JUNIOR 1)
 AGES 8-14 / 2:30PM – 4:30PM
 (PAYABLE MONTHLY IN ADVANCE)

FREERUNNING (STRUCTURED)
 AGES 11-15YRS / 1:30PM – 3PM/ £8.50
 AGES 6-10YRS / 1:30PM-3PM / COST
 £8.50

AIRBORN ALLSTARS
SKYFALL (SENIOR AG 4.2)
 / 12:30PM – 2:30PM
 (PAYABLE MONTHLY IN ADVANCE)

AIRBORN ALLSTARS
FALCON FURY (SENIOR 3)
 / 2:30PM – 4:30PM
 (PAYABLE MONTHLY IN ADVANCE)

FAMILY FREERUNNING / AGES 5+
3PM – 4:30PM *COST £6.00 per person
 (Minimum of 2 people)*

KIDS OPEN GYM
BANDED ONLY
 AGE 11-15 / 3PM-4:30PM / COST: £8.50

***ADULT FREERUNNING**
(STRUCTURED) & OPEN GYM
 AGE 16+ / 4:30PM-7:30PM
 COST: £10.50