



MON	TUE	WED	THU	FRI	SAT	SUN
<p>CHEER CLASS HALO JUNIOR 1 5PM – 6:30PM</p> <p>CHEER TUMBLE INTER/ADVANCED 5PM – 6PM</p> <p>CHEER CLASS LADY HAWKS SENIOR INTL 2 6PM – 8PM</p> <p>CHEER TUMBLE BEGINNER 6:30PM – 7:30PM</p> <p>CHEER CLASS ALD BIRDS MASTERS POM 7:45M – 9:45PM</p> <p>CHEER TUMBLE INTER/ADVANCED 8PM – 9PM</p> <p>CHEER CLASS G-4ORCE SENIOR 4 8PM – 10PM</p>	<p>FREERUNNING 6–10YRS 4:45PM – 6PM £11.00 (1:12 Coach Ratio)</p> <p>FREERUNNING 11–15YRS 5PM – 6:15PM £11.00 (1:12 Coach Ratio)</p> <p>TRAMPOLINING AGES 8+ 5:30PM - 7:30PM £11 (1:10 Coach Ratio)</p> <p>TUMBLING BEGINNER AGES 7+ 5PM–6PM £11.00 (1:12 Coach Ratio)</p> <p>TUMBLING INTER/ADVANCED AGES 7+ 7:30PM–8:30PM £11.00 (1:12 Coach Ratio)</p> <p>TUMBLING INTER/ADVANCED AGES 7+ 7:30PM–8:30PM £11.00 (1:12 Coach Ratio)</p> <p>CHEER CLASS CODE III SENIOR 3 NON TUMBLE 8PM – 10PM</p>	<p>CHEER CLASS BABY HAWKS TINY 1 5PM – 6PM</p> <p>CHEER TUMBLE ADVANCED 5PM – 6PM</p> <p>CHEER CLASS PRETTY ANGLES MINI 1 5PM – 6:30PM</p> <p>CHEER CLASS FIREBIRDS YOUTH 1 6PM – 8PM</p> <p>CHEER TUMBLE INTER/ADVANCED 8PM – 9PM</p> <p>CHEER CLASS AIRFORC3 JUNIOR INTL 3 6PM – 10PM</p>	<p>TEAM ESCAPE 5PM- 7PM</p> <p>FREERUNNING AGE 8-15 YRS 7:15PM–8:15PM £11.00 (1:12 Coach Ratio)</p> <p>TUMBLING BEGINNER/INTER AGES 7+ 7:15PM–8:30PM £11.00 (1:12 Coach Ratio)</p> <p>ADULT TUMBLING 16+ 8:45PM-9:45PM £11.00 (1:12 Coach Ratio)</p>	<p>FREERUNNING AGE 8-15 YRS 5PM-6:15PM £11.00 (1:12 Coach Ratio)</p> <p>TEAM ESCAPE 6:30 PM- 8:30PM</p>	<p>GYM TOTS AGES 6 months –5YRS 9:15AM – 10:15AM £3.00</p> <p>FREERUNNING AGES 6-10 YRS 10:30AM – 11:45AM £11.00 (1:12 Coach Ratio)</p> <p>TRAMPOLINING AGES 8+ 12PM-2:00PM £11 (1:10 Coach Ratio)</p> <p>FAMILY FREERUNNING 12PM – 1:15PM (must include an adult) AGES 6+ £8</p> <p>FREERUNNING AGES 11-15 1:30PM– 2:45PM £11.00 (1:12 Coach Ratio)</p> <p>TUMBLING BEGINNER/INTER AGES 7+ 2:15PM – 3:30PM £11.00 (1:12 Coach Ratio)</p> <p>TUMBLING INTER/ADVANCED AGES 7+ 3:45PM-5PM £11.00 (1:12 Coach Ratio)</p>	<p>BEGINNERS FREERUNNING AGES 6-10YRS 10:15AM – 11:30AM £11.00 (1:12 Coach Ratio)</p> <p>FREERUNNING 11–15YRS 10:30AM – 11:45PM £11.00 (1:12 Coach Ratio)</p> <p>CHEER CLASS AIRFORC3 JUNIOR INTL 3 11:30AM –1:30PM</p> <p>TRAMPOLINING AGES 8+ 12PM- 2:00PM £11 (1:10 Coach Ratio)</p> <p>*ADULT FREERUNNING AGE 16+ 1PM–2:15PM £11.00 (1:12 Coach Ratio)</p> <p>STREET TEAM ESCAPE 1PM- 2:15PM</p> <p>CHEER CLASS DELTA JUNIOR 2 1:30PM – 3:30PM</p> <p>CHEER CLASS PHOENIX SENIOR 1 3:30PM – 5:30PM</p>

REDUCED TIMETABLE

Please be aware that this is a temporary timetable and we are subject to change depending on gov guidelines

*Please be aware classes are book online only, no dop-ins, no cash payments during this period

*Classes are restricted to a maximum of 12 participants

*All participants must abide by Airborn's COVID-19 Health & Safety procedures when on premises, these can be found on our website and social media platforms

