

MON	TUE	WED	THU	FRI	SAT	SUN
CHEER	FREERUNNING 6-10YRS 5PM – 6:15PM	CHEER	ASD (SUPPORT GROUP) 4PM-5PM	FREERUNNING AGES 8-15 YRS 5PM - 6:15PM	GYM TOTS 6 MONTHS –5YRS 9:15AM – 10:15AM	GYM TOTS 6 MONTHS–5YRS 9AM – 10AM
	FREERUNNING 11–15YRS 5PM – 6:15PM		KIDS AERIAL SILKS Ages 8 - 15YRS 5PM - 6:15PM		FREERUNNING AGES 6-10YRS 10:30AM – 11:45AM	FREERUNNING AGES 6-10YRS 10:15AM –11:30AM
	TUMBLING -BEGINNER- AGES 6+ 5PM – 6PM		FREERUNNING AGE 8-15 YRS 7:15PM - 8:30PM		FAMILY FREERUNNING AGES 6+YRS 12PM – 1:15PM	FREERUNNING AGES 11-15YRS 10:15AM – 11:30AM
	TRAMPOLINING AGES 8–17YRS 5:30PM - 7:30PM		TUMBLING BEGINNER / INTER AGES 6 – 17YRS 7:15PM – 8:30PM		TRAMPOLINING AGES 8-17 12PM - 2PM	TRAMPOLINING AGES 8–17YRS 12pm – 1:30PM
	TUMBLING INTER/ADVANCED AGES 7+ 6PM–7PM		ADULT TUMBLING (16+) 8:45PM – 9:45PM		KIDS AERIAL SILKS Ages 8 - 15YRS 12PM – 1:15PM	TRAMPOLINING AGES 8–17YRS 2PM – 3:30PM
	ADULTS AERIAL SILKS Ages 16+ 6:30PM-8PM		ADULT OPEN GYM (16+) 8:45PM – 9:45PM		FREERUNNING AGES 11-15 1:30PM - 2:45PM	ADULT FREERUNNING AGES 16+ 5:30PM – 6:45PM
	ADULT TUMBLING (16+) AGES 16+ 7PM – 8PM				TUMBLING BEGINNER / INTER AGE 6-16YRS 2:15PM - 3:30PM	
	ADULT TRAMPOLINING AGES 16+ 8:00PM - 9:30PM				TUMBLING INTER / ADVANCED Age 6-16YRS 3:45PM - 5PM	
	ADULT OPEN GYM (16+) AGES 16+ 8PM – 9:45PM					



REDUCED TIMETABLE

Please be aware that this is a temporary timetable and we are subject to change depending on gov guidelines

*All participants must abide by Airborn's COVID-19 Health & Safety procedures when on premises